

Project Name	Type	Mission	Voices	Collection Method	Distribution Method	Impact on Narrator/ Audience	Narrative Change	Obstacles
El Paso Food Voices	Digital oral history archive	<ul style="list-style-type: none"> -Gather distinct food stories as a way to diversify the public digital cultural record, analyze, share -We as people from this city are much more than criminals or you know, target places or a dangerous city -To see how a person performs the narrations of the food practices, knowledges and memories, and when possible to taste the food is to understand how and why we are what we eat. -Understanding how and why individuals who they are through the food stories provides perspectives on people's creative ingenuity in redefining immaterial and symbolic meaning of food they gather, prepare and consume. -By focusing on how individual residents of one geographical area define who they are as culinary subjects, these food stories explore the rich complex and complicated sense of identity that transcends national borders and cultural differences 	<ul style="list-style-type: none"> -Voices of cooks from the community -Public and private kitchens -No one is a "vip" -"A food story of a mother or grandmother cooking a pot of beans need to be equally valued as a food story from a professional chef. The food story of a local organic producer needs to be heard as much as a person that gathers the food from the local food pantry". 	<ul style="list-style-type: none"> -Video collection of oral history -Video of narrator cooking recipe -Recipes and photos -Collected by Abarca and student workers Questions: <ul style="list-style-type: none"> -First memory about food -Practice/ method of a recipe -What should food mean to us? 	<ul style="list-style-type: none"> -El Paso Food Voices Website -UTEP institute of Oral History archive -Podcast -Narrators given flashdrive of material to share as they please 	<ul style="list-style-type: none"> "I believe that they are already empowered and have a lot of knowledge in the food, so my job is how do I help? How do I become a medium, by which that power that they already know that they have can be communicated and shared with others?" -Preservation of history for narrators to pass on to families -Place to share stories, find connection and empathy/ similarity, not feel so alone -Catharsis 	<ul style="list-style-type: none"> -Changing dominant narrative of El Paso away from stories that dominate the news -Allow people to tell their own story about the foods they eat -Every individual has a unique experience <ul style="list-style-type: none"> ex: Curry isn't indian but Indian narrator prepares curry to share 	<ul style="list-style-type: none"> -Learning technology -Funding -Have to be established in community -Privilege of being active community member, professor of food, social capital -Bilingual -Figuring out how to share with the rest of the world -In a very academic space -How to communicate the importance of food to other scholars
Manitoba Food History Project	Oral history collection	<ul style="list-style-type: none"> -To produce a comprehensive history of food manufacturing, production, retailing, and consumption in the province of Manitoba from 1870 to the present day. -Including food history students and research assistants—can conduct life-story interviews with Manitobans while they cook local, historical, meaningful recipes aboard the truck. These oral histories help to inform our understanding of the business, labour, ethnic, Indigenous, and local histories within the province of Manitoba. 	<ul style="list-style-type: none"> -Local manitobans -Community members and business owners 	<ul style="list-style-type: none"> -Oral history interviews, some of which are recorded on food truck which allows for recipe sharing and tasting Questions: <ul style="list-style-type: none"> -How has food been produced, sold, and consumed in Manitoba? -How has this changed over time? 	<ul style="list-style-type: none"> -Website -Podcasts -Story Maps -Image Galleries -Public events and presentations -Historical backgrounds with audio clips from interviews -Audio archived at the Oral History Centre at the University of Winnipeg 	<ul style="list-style-type: none"> -Research experience for students -Opportunity for narrator to be part of historical record 	<ul style="list-style-type: none"> -Bringing food history out of books and into physical world by cooking and recording interviews 	<ul style="list-style-type: none"> -Academic setting -Reliance on student researchers
Babka & Beyond	Oral history collection	<ul style="list-style-type: none"> -Our goal is to collect and share oral history interviews, as well as contextual material such as, recipes, images, video, and written text, to document the agriculture and food stories of the region. This collection provides a home for food, labor, and gender knowledge that may have otherwise gone undiscovered -Explore the food history and story of rustbelt cuisine -Allow the food narrative to be defined by the stories of the people cooking and eating in the region since it was built as opposed to food writers w/o connection to place -How grains -- from agriculture to bread making and baking -- can contribute to larger themes of identity, community, and social capital. Through this project, we aimed to better understand how people interact with the food system through the most basic of needs: bread. Bread defines community -- through the type of grain used, the method of preparing and cooking, and perhaps most importantly, with whom people break bread. 	<ul style="list-style-type: none"> -Farmers, millers, bakers, producers, historians, business owners, community members from western pa 	<ul style="list-style-type: none"> -Recorded audio interview -Questions related to connection to place, generational food traditions, learning and teaching about baking, baking practice, utilizing local grains, food values -Snowball sampling and community connections 	<ul style="list-style-type: none"> -Audio files and transcripts available on Center for Regional Agriculture, Food and Transformation website -Chatham University Library Archive -Library of America archive -Blog posts -Workshop series with some of bakers featured in collection 	<ul style="list-style-type: none"> -Offer the narrator the opportunity to share their story, to feel like their story is important and worthy of being heard and understood as part of historical record -Validation and vulnerability -Opportunity for audience to connect faces and voices to the foods that they consume and the region where they live 	<ul style="list-style-type: none"> -Challenging audience to pay more attention to the food they eat, understand that there is a story behind it and often a person -Reveal the history of PA as an agricultural region -Change narrative of PGH as gloomy post-industrial city 	<ul style="list-style-type: none"> -Reliance on student workers -Stays in academic sphere, hard to raise awareness or share -Lack of diversity when primary researchers come from white, academic background
South Asian Arkansas: Southern Foodways Alliance	Oral history collection	<ul style="list-style-type: none"> <i>The SFA oral history program documents life stories from the American South. Collecting these stories, we honor the people whose labor defines the region.</i> -Pushing boundaries in thinking about southern food and what it means to be southern 	<ul style="list-style-type: none"> South asian restaurant owners in arkansas 	<ul style="list-style-type: none"> Oral history interviews 	<ul style="list-style-type: none"> -SFA website -Bio of narrator -Clip of interview -Interview Transcript -Photo of Narrator -Project description and links to other projects in region 	<ul style="list-style-type: none"> -Making space for someone to bare witness to their own life and history -Creating a primary source for an audience to excavate and discover/ explore 		<ul style="list-style-type: none"> -Not belonging to the community -Being an outsider taking someone's story -Processing information to be accessible -Backlog

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F&b Voices From The Kitchen	Live storytelling event	-Share the voices and stories from cooks and kitchens that are less often heard -Showcase the work of the La Cocina Entrepreneurs and offer a space for them to share their story -Marketing for La Cocina	-2 entrepreneurs who are part of the la cocina training program -8-10 writers or chefs -Emphasis on immigrants, women, poc	-Entrepreneurs work with storytelling coach to craft an engaging story -Each event has a broad theme, storytellers submit story ideas to be selected -Themes include migration, recipe, patriarchy	-Live performance at bi-annual event -400 seat auditorium -tickets \$45-\$55 -Reception before presentation where entrepreneurs share "bites" of food and cocktails -First story told through the food -Stories include visuals as well as occasional food for audience to engage in -Videos from Featured episode available on website	-Give audience the chance to see the world through the eyes of someone different than them, increase their compassion, empathy and understanding so that become more receptive citizens generally when it comes to who they elect and what kinds of policies they believe are critical to create the kind of world that we want to create -Space to share story, show that the people behind the foods that we eat are not the voices that are often heard	Who gets to tell the stories	-Volunteer run -Lack of accessibility and diversity -San Francisco becoming prohibitively expensive -Have to be established storyteller, cook, writer to be considered -Very dependent on live experience , using food to tell the story, gathering people together
Dinner For 30	Live storytelling event/ dinner series	-Provide a more complete narrative of Detroit -Bring people together over food and stories	-Local chefs who live in or are from detroit	-Dinner party for 30 people who are encouraged to get to know each other before the event then sit down to a dinner where a chef will prepare a dinner that includes the food from their fondest food memory and share the story of that food -Storytelling is recorded -5-part series, recipes used to create a cookbook	-Participants and donors given a copy of recipe and story -Cookbook -Short clips on youtube and instagram -Lived experience	-Connection and creation of community around food -Audience gets to interact with a chef outside of the traditional divide of FOH/ BOH	-Challenge the perception of Detroit -Challenge notions of difference--- strangers can connect over food	-No permanent record of stories or event except for as cookbook that does not seem easily accessible -Is the fact that it was a once in a lifetime opportunity/ event what will make it stick in the minds of the audience or will it be easily forgettable?
Real Food Real Stories	Live storytelling events	<i>-Real food real stories (rfrs) is on a mission to humanize the food system for a connected, sustainable and just tomorrow. Rfrs uplifts inspiring personal stories from the bay area food community and curates live monthly gatherings to foster a food culture around authentic sharing, generous listening, and a connection to our shared humanity.</i> <i>-For all that divides us, food and story connect us. we believe people come first and that all of our stories matter. We gather in all of our diversity to learn from each other and local changemakers. We believe food is social, food is political, food is action. We gather to cultivate a connected local food community because only together can we create a more just and regenerative tomorrow. We believe in the power of listening generously and sharing authentically to heal divides. We gather to be inspired, to be nourished, and to be reminded of our shared humanity. Everyone has a seat at this table.</i> <i>-Gathering is activism, that stories tear down walls and build bridges. By taking the time to convene, to listen to each other, and to build connections, we can bring trust and authenticity back into our relationships and our food systems</i>	-Food and change makers from the bay area 37% immigrants 64% womxn 46% poc	-Intimate gatherings with one storyteller and one moderator, small audience -Stories about relationship with food, food journey	-Storytelling supper club -Story slam -Podcast -Website -Virtual gatherings	-Opportunity to see the faces behind their food, connect with food growers and producers, expand understanding of different food values	Humanize food system	-Limited to Bay area -Small gatherings -Very value specific

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We Are La Cocina: Recipes In Pursuit Of The American Dream	Cookbook	-"Most of all, I hope that reading about all of these different foods will make you hungry to know more about the people who prepare them, whether you happen to live around the corner from La Cocina, in New Zealand, or somewhere in between" -Share stories that needed to be told about the members of an incredible organization during a time when there is a growing appetite to know more about the foods and people from diverse places and backgrounds	-Entrepreneurs from la cocina -33 voices from around the world -Put together by directors of La Cocina -Photography and food styling done by members of LC community who are close to the entrepreneurs	-Interviews with entrepreneurs that were turned into stories of different forms -Recipes -Stories of personal journey to get to where they are now as food entrepreneurs, impact food has had on their lives - "I don't anything about Sean Brock or his book, but did he make an effort to hire a black photog or to bring in women ghost writers or to work with people who are embedded in southern foodways in a different way that he is. If so that's awesome, that's what we need. Those are the kind of ways, it's not just about who's writing it, but a book is there's so many different people who are involved in the way the stories are told"	-"This is a cookbook about people, we've organized it person by person" -Cookbook sold at LC, Amazon and local book sellers -Book tour where entrepreneurs were invited to speak	-Space for entrepreneur to share their story and their food -Audience to see the people and learn the stories behind the food that they eat -Share that food with their communities and their loved ones -Connect to the authors by nourishing themselves with their recipes	-"Trying to make a point about American food. [we eat this way] because of all of these different people whose histories and recipes and flavors have shaped our flavors and the food that we want to eat. I think that it's easy to eat a taco and not think about the person whose made it for you or a burrito or piece of sushi. What we really wanted to do was have people think about the people and the stories and the history behind the food that they eat that now feels so normal. That was our purpose."	-Convincing a publisher to pick up a book that was more about people than about food -Including titles of recipes in native language -Not all stories could be included
Feed The Resistance : Recipes And Ideas For Getting Involved	Cookbook	Food as a form of resistance and activism	Cooks, writers and activists all involved in the food and social justice world	Recipes, essays, headnotes, suggestions for becoming politically and socially active in one's community	Cookbook with idea of cooking for others to foster community and support the resistance/ social movement of any kind	-Opportunity for larger names in food to share their passions for social justice, to express their belief in food as a platform for change, to make their voice be heard in a different way and throw their support towards causes they believe in - Proceeds donated to the ACLU	Food as power for change	-Certain amount of social capital required to connect with these big names and have book published but could be done on smaller scale
Invisible Farmer Project	Blog/ website	<i>-The Invisible Farmer Project is underpinned by our guiding principles. These principles form the basis of our research and community engagement activities and seek to honour the contributions of women, past and present, in the key areas of sustainability, connectivity, community and capability</i> <i>-Women are key agents of change and innovation and offer significant leadership in sustainability, food security, rural communities, natural disasters and policymaking. Making farm women's contributions visible is not just an exercise in recording and rewriting history, but also a critical step in securing Australia's future. Failure to recognise the role that women play in Australian agriculture, food and fibre significantly limits the potential of half of Australia's workforce to effectively contribute to community life, policy, sustainability and our collective future both in Australia and worldwide. According to the United Nations, by 2030 the world demand for food will increase by 35%, water by 40% and energy by 50%. The United Nations Sustainable Development Goals position gender equality as both a goal and a solution in tackling these major global issues.</i>	Women involved in Australian agriculture and land	Interviews to collect life histories of 45 women who work on the land in Australia	-Collection of life stories held at National Library of Australia -Website with featured stories and photo essays -Inclusion in educational programs throughout Australia -social media, community forums & events, radio and TV programs	-Space for women's voices to be heard and work to be acknowledged, continue tradition of women on the land in Australia -Encourage women in leadership roles -Community connections and partnerships between different industries and interest groups -Opportunity to share values about farming and land stewardship	-Women contribute just as much to ag in Australia as men do -Narrative of power, strength, and perseverance -Promoting sustainable practices	-Government funded program -Lack of indigenous voices
Female Farmer Project	Blog/ website	Documenting the rise of women in agriculture and giving voice/ chronicling the fastest growing demographic in agriculture	Female farmers that have been nominated, discovered, or contact flip to share their story	Interviews	-Farmer Features (profile of farmer based on interview with photos) -Podcast with interviews -Photo portraits -Podcast -Documentary film -Ask a Farmer series	Opportunity to share story Learn more about farming and agriculture, especially smaller scale	Challenging perception of what a farmer looks and sounds like	All volunteer run

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Why Hunger?	Blog	WhyHunger knows its important to amplify the voices of the people working to regain control of their communities' food. We believe that telling one's story is not only an act of reclaiming in the face of the dominant food narrative of this country, but also an affirmation that the small acts of food sovereignty happening across the country add up to a powerful, vital collective.	-Community members -Grassroots organizers - Anti-hunger/ food sovereignty organization leaders -Food pantry organizers	-Interviews -Essays and testimonies -Thought leadership pieces -Videos -Q&As	Available on website and sent to participating orgs and community members	"Its this amazing rich opportunity for people to take the time and space to really put their story down onto paper or into multimedia or whatever it may be and the support to really think through that where a lot of times it's hard enough for any of us to take the time to think about our story but if you're on the front lines of this work or experiencing hunger and poverty yourself, you really don't have that luxury of being able to take time to craft your own story so it allows for that space and they are just really impactful pieces in terms of helping to push the broader narrative forward". Depoala 2020	Draw attention to systemic issues and celebrate the expertise of people who are either organizing on the ground or experiencing systemic oppression themselves	-Wanting to compensate narrators for their stories -Reinforcing a negative dominate narrative -Parsing a systemic problem down to an individual experience
You And I Eat The Same	Printed narrative collection	Explore the ways in which cook and eating connect us across cultural and political borders, making the case that we should think about cuisine as a collective human effort in which we all benefit from the movement of people, ingredients and ideas	19 cooks and food makers from all over the world	Essays written by cooks framed around a "hypothesis" about food ex: There's no such thing as an ethnic restaurant, mennonite cheese is Mexican cheese, everybody wraps meat in flatbread	-Professionally compiled book published by MAD Dispatches and Artisan -Sold in bookstores and online	-Opportunity to tell story in own words with some editing but not through someone else's words -Be part of a collective message about food	-Challenging assumptions about difference by positing hypothesis about similarities	-Need connections and social capital to publish a book -Limit to how many stories can be included -Publishers/ editors as gatekeepers
Dinner Bell	Food journal	Dinner Bell is an alternative (weird) food writing publication. It serves as a creative space for anyone to experiment with how they write about food. We tell stories about food that exist outside of the traditional food writing framework. We use the theme of food loosely, as we acknowledge that stories about food are perhaps not about food at all. It is our hope that writing about food can be seen as an expansive, inclusive, and ultimately therapeutic practice for all humans. -Break down the gatekeepers of large/ corporate food writing and publishing institutions to create a place for voices with less social capital or standing to be heard	<i>-We center the voices of lgbtq+, poc, indigenous, and non-binary folk</i> ."We tend to focus as best we can, on rural writers, queer writers, people of color , writers who often don't have entry points or or ways to get into the broader audience"	Open call for stories about food	DIY publication literary journal sold online and at independent bookstores	-Affirmation to the writer that like you have a story to tell your craft is excellent. We believe that this is a meaningful contribution to the way people write about food, but then also brought a lot of perspectives of the readership and and kind of allowing people to see like, you know, there, there are great writers coming out of rural areas. People of Color queer people all of those, those spaces are people have, you know, meaningful and worthwhile stories to tell. -Connection to real life moments and experiences through the lens of food	-Making a space for more voices to be heard, validate writing without permission of big publishing houses -Break down traditional power structures that control/ filter which voices get to be put into the public	-Labor, cost
Grlsquash	Food journal	<i>Grlsquash is a bianual journal about the intersections among food, art, and culture. Our mission is to highlight the overlaps of these worlds with words, images, and recipes from our contributors. We promise to always empower, support, and amplify members of the grlsquash community. We believe in nourishing the mind, belly, and soul for all, but especially for the underrepresented: womxn, femmes, qtbipoc, trans, and genderqueer folks.</i>	Womxn's voices with stories about food to share	-Submissions to print journal -Submission to blog	-Print Journal sold in independent book and food stores -Social media -Website	- Push people to do this but just to think about how your privilege impacts your food -"My hope with GRL Squash is that it's illuminating in ways that it is when a professor, or like a therapist is like, why do you feel that like why do you think that, you know, you gain questioning your truth, because I think that's what you and I have been lucky enough to experience in a classroom setting. And certainly a good therapist will do the same thing. Aaron, and, like, parents and friends will do the same thing too, but I think it's really, like, the more of that kind of questioning we can do. It's really important so I hope people get out of it and I hope people enjoy it"	Approach taboo and challenging topics and give them a space	Print is expensive Have to learn to say no -transparency about compensation